

PLEASE JOIN US FOR ***MOMMIES TIME OUT!***



**FRIDAY, OCTOBER 22**

**7:00-10:30PM IN THE SCHOOL GYM**

*BRING AN APPETIZER OR DESSERT TO SHARE*

*BYOB*

THE COST IS \$10.

*WE WILL BE MAKING NO-SEW FLEECE BLANKETS FOR THE WOMENS SHELTER – ALL MATERIALS SUPPLIED.*

THERE WILL ALSO BE AN OPTIONAL **CHAIR MASSAGE,**



***\$10 FOR 10 MINUTES***

**PLEASE BRING 2 NON-PERISHABLE FOOD ITEMS FOR THE ST.JAMES FOOD PANTRY.**

RSVP TO JANINE KYBURZ BY MONDAY, OCTOBER 15<sup>TH</sup>

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**MOMMIES TIME OUT**

NAME \_\_\_\_\_

CHAIR MESSAGE – YES  NO THANKS

PLEASE INCLUDE \$10 (\$20 IF YOU ARE GETTING THE MASSAGE)

WITH YOUR FORM AND SEND TO THE ATTENTION OF JANINE KYBURZ.

Thank you!