



MEMO FROM THE SCHOOL NURSE:

Please be aware that at St. James School we have a number of students that have a life threatening allergy, which means a child could have a fatal reaction if exposed to a known allergen. An emergency medication called EPI-PEN is available for someone with a known severe allergy such as bee stings or food allergy.

link to the Food Allergy & Anaphylaxis Network and much more information is provided below, or please feel free to call me directly with any questions you have.

Thank you.
Beth Hoyt, School Nurse
375-5994

**HOW TO
PROTECT THE LIVES
OF YOUR
FOOD-ALLERGIC
SCHOOLMATES**

- Don't share your food with food-allergic friends.
- Wash hands after eating.
- Ask what your friends are allergic to and help them avoid it.
- If an allergic schoolmate becomes ill, get help immediately!

BE A PAL

**Protect A Life
From Food Allergies**

For more information about food allergies, contact The Food Allergy & Anaphylaxis Network
1-800-929-5510